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# The Center on Parenting and Opioids

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## CPO Newsletter

The Center on Parenting and Opioids (CPO) is building personalized programs for families affected by opioids to help parents feel more successful and confident as parents.

[Visit our Website](#)

## Research Highlights

### Diagnosis of Perinatal Mental Health Conditions Following Medicaid Expansion to Include Low- Income Immigrants



In a recent [JAMA Network Open](#) publication, researchers including CPO investigator Dr. Kristen Mackiewicz-Seghete examined the impact of the Medicaid expansion on perinatal mental health in immigrant communities. The study highlights the need for policy adjustments, such as expanded postpartum coverage length or culturally competent interventions, to optimize receipt of postpartum treatment.

The cohort study revealed a significant gap in diagnosing mental health disorders among pregnant immigrants. Expansion of Medicaid prenatal care coverage was associated with a 4.1% increase in the identification of perinatal mental health conditions and a 26.5% increase in people receiving treatment.

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CPO Co-Investigator Camille Cioffi and Jo Weaver, global studies associate professor in the [College of Arts and Sciences](#), received an Incubating Interdisciplinary Initiatives (I3) grant funded by the [Office of the Vice President for Research Innovation](#).

Study aims include researching the impact of stress on health among people without stable housing while exploring how homelessness can affect physical well-being, with plans to identify health support outcomes via surveys and biomarker analysis.

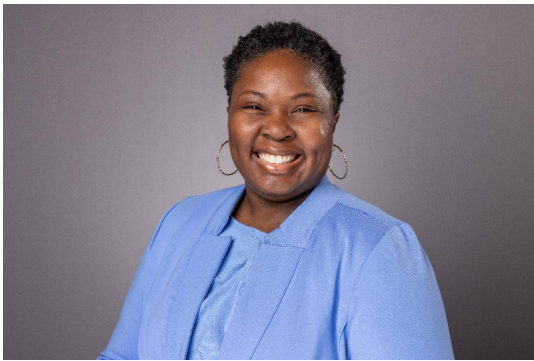
[Read more](#) about this work.



## Announcements

### Webinars

#### WEBINAR RECORDING AVAILABLE



If you missed Dr. Qiana Brown's recent webinar on Prenatal Cannabis Use and Maternal Health, held on March 20th, 2024, the recording is now accessible on [cpo.uoregon.edu](http://cpo.uoregon.edu).

**Webinar Description:** Prenatal cannabis use has increased in the US despite potential risks to maternal and child health and public health messaging encouraging pregnant women to abstain from cannabis use.

Dr. Brown discussed trends in and correlates of prenatal cannabis use, potential reasons why prenatal cannabis use is increasing, and what researchers, practitioners, and policymakers can do to promote health and social equity to protect maternal and child health in a sociopolitical environment where cannabis use is legal and accepted.

#### UPCOMING WEBINAR



**Title:** [Addressing Research-Related Stigma to Improve Quality of Care for Pregnant and Parenting People Affected by SUD](#)

**Date/Time:** Thursday, April 25, 2024, 10:00am – 11:00am PST / 1:00pm – 2:00pm EST

**Webinar Description:** This webinar will examine features of research dissemination that may generate or uphold stigmatization. It will also review stigma reduction practices that can increase uptake of evidence-based treatment programs and prevent potential harm related to substance use in pregnant and parenting people.

We will examine the need to identify internalized stereotypes, benefits of transdisciplinary collaboration with researchers who have lived experience, community-based approaches, reducing stigmatizing

[Register](#)

## Data Collective Updates

The Data Collective continues to connect researchers and participants throughout Oregon and has enrolled 430 participants to date. 57% of the participants reported they have used fentanyl in their lifetime and 25% reported using fentanyl within the last 3 months.



The CPO is actively connecting with organizations nationwide to conduct incentivized recruitment activities. Please contact Ashley Nash at [anash@uoregon.edu](mailto:anash@uoregon.edu) if you are interested in collaborating.

## Lived Experience Community Board



The Data Collective is excited to announce the Lived Experience Community Board. The aim of this board is to bring together people with a history of substance use who are parenting, planning to parent, or have a pregnancy history to inform research through a community-driven process.

The board will generate ideas for sharing research findings and identify opportunities to put evidence-based practices into practice.

## Community Outreach

### Youth and Young Adult Substance Use Prevention and Recovery Symposium



In late fall 2023, the Oregon Health Authority sponsored the first Youth and Young Adult Prevention and Recovery Symposium in collaboration with the University of Oregon's College of Education and the Prevention Science Institute: Center on Parenting and Opioids. The Symposium included collective efforts of the Youth Substance Use Collaborative, comprised of individuals with lived experiences, providers, and administrators, who identified the need for a platform to connect, learn, and address challenges faced by youth and young adults with substance use disorders.

Substance use prevention specialists, treatment providers, peer mentors, and education professionals collaborated to provide presentations and training sessions. Participants attended various presentations covering a range of topics, including opioid and fentanyl awareness, youth suicide prevention strategies, and culturally sensitive approaches to recovery.

Presentation videos will be available at [cpo.uoregon.edu](http://cpo.uoregon.edu).

## Commitment To Diversity

### Oregon Saludable: Juntos Podemos

We are thrilled to announce that the Oregon Saludable: Juntos Podemos project, a supplemental grant to the CPO, has released video summaries of project findings. In 2020, Latinx communities in Oregon faced disproportionately higher rates of COVID-19 compared to white communities.



Promotores de Salud shared culturally tailored and trauma-informed approaches via health interventions and provided real time health educational updates at community COVID-19 testing events throughout Oregon. The project aim was to increase COVID-19 testing rates and promote healthier behaviors among Latinx community members.

Project Videos

### NW Instituto Latino



NW Institute Latino (NWIL), founded in 2001, provides culturally and linguistically specific substance use recovery support services to the Latinx community. NWIL advocates for improved grant standards and offers vital training programs, including the Certified Recovery

Mentor course in Spanish. NWIL in partnership with Bridges to Change also launched Oregon's first culturally specific transitional housing program for Latina women and parents in recovery.

The Data Collective project has partnered with NWIL to survey and enroll individuals for an online registry of people who consent to be contacted for research studies across the United States. The Data Collective will contribute

to research that helps the CPO understand how to best support pregnant and parenting people who experience substance use disorders.

## Early Career Investigator Spotlight

### Supporting Parents in Treatment for Opioid Use Disorder: Lessons Learned from Developmental Science on Parenting and Adolescence



Estelle Berger, MS, is a doctoral student in Clinical Psychology at the University of Oregon. She studies how environmental factors are associated with mental health and neurodevelopmental outcomes during adolescence. Her clinical work is focused on supporting children, youth, and families.

With CPO co-authors Camille Cioffi and Leslie Leve, Estelle published a blog post with the [UCLA Center for the Developing Adolescent](#) highlighting insights from the CPO's working paper *[Supporting parents in recovery from opioid use disorder: Lessons learned from developmental science on parenting and adolescence](#)*. The paper focuses specifically on preventing intergenerational transmission of substance use and offers actionable steps toward effectively supporting both parents and youth while parents are in recovery.

## Child Tax Credit Policy Report



Elizabeth Bates, MSN, is a doctoral student in Prevention Science at the

University of Oregon. Elizabeth's research interests include the social contexts that affect children's social, emotional, and cognitive developmental outcomes. As part of an internship, Elizabeth worked on a policy report focused on expanding the Child Tax Credit and addressing barriers to credit access and corresponding policy recommendations.

Policy Report

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