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# The Center on Parenting and Opioids

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## CPO Newsletter Summer 2023

The Center on Parenting and Opioids (CPO) is building personalized programs for families affected by opioids to help parents feel more successful and confident as parents.

[Visit our Website](#)

## Research Highlights

### Addressing Stigma in Research Products



CPO early career investigator [Megan Lipsett](#), M.A., published an article entitled, "*Addressing stigma within the dissemination of research products to improve quality of care for pregnant and parenting people affected by substance use disorder.*" The article provides concrete strategies for researchers looking to reduce stigma in their writing and dissemination efforts to ultimately improve the quality of care for parenting or pregnant people affected by substance use disorder. Lipsett is a graduate student

in Social and Health Psychology at the [Center for Translational Neuroscience](#) and the [Center on Parenting and Opioids](#). Her research focuses on examining the psychosocial and neurobiological mechanisms related to goal-directed behaviors.

[Access the full article here.](#)

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CPO investigator [Camille Cioffi's](#), Ph.D., recently published article, entitled "Perspectives of researchers with lived experience in implementation science research: Opportunities to close the research-to-practice gap in substance use systems of care," outlines the importance of intentionally

including researchers with lived experience related to substance use disorders in research studies. Researchers with lived experience can help address research-to-practice gaps by building strong community partnerships, engaging in conversations related to interventions, and more.

Access the full article [here](#).



## Data Collective



# UPDATE

The CPO is actively connecting researchers and participants to improve the overall wellbeing of families affected by substance use disorders. Our Data Collective has enrolled 266 people with pregnancy and parenting experiences to date. 65% of the participants reported they have used opioids in their lifetime and 25% reported using opioids within the last 3 months. The CPO is currently connecting with organizations nationwide to conduct paid recruitment activities.

Please contact Ashley Nash at [anash@uoregon.edu](mailto:anash@uoregon.edu) if you are interested in collaborating.

## Announcements

### Society for Prevention Research Awardee

Beth Stormshak, Ph.D., has been selected as a 2023 Society of Prevention Research (SPR) Fellow. We would like to congratulate Beth on this tremendous career accomplishment. The SPR Fellowship is an honor that the Society for Prevention Research bestows upon a small and select group of members who have a distinguished records of contributions in their field of prevention research. Beth is the Phillip H. Knight Chair and Professor in Counseling Psychology and Human Services in the College of Education at the University of Oregon.



Beth currently leads CPO Project 2, focused on improving parenting skills in mothers with a history of substance use through an adaptation and efficacy study of the Family Check-Up Online (FCU). FCU is a family-centered intervention that has been adapted and tested for different populations and age groups and has been shown to be effective in reducing negative health outcomes, including mental health problems and substance use. Her research and the FCU model have been funded by multiple agencies over the past two decades, including the Centers for Disease Control and Prevention, the National Institutes of Health, and others. In addition to her influential program of research, Beth has mentored and trained aspiring prevention scientists. She is the incoming director of the [Prevention Science Institute](#) at the University of Oregon and her leadership efforts have resulted in significant growth in supporting research and outreach.

## Training Funds Available



The CPO is currently accepting proposals to support investigator time to work on manuscripts and grants related to the CPO's objectives and priorities. Applications from graduate students, postdoctoral scholars, and assistant research professors are encouraged.

Applications for pilot funds for Year 5 of the CPO are due by August 7th, 2023 5pm PST. See [link](#) for additional information. Please direct any questions you have to the Pilot and Training Core lead, Elliot Berkman, Ph.D., [berkman@uoregon.edu](mailto:berkman@uoregon.edu).

## Community Outreach

### Conferences

The Center on Parenting and Opioids team recently attended the Opioids, Pain, Addiction + Treatment Conference in Sunriver, Oregon hosted by Lines

for Life and participated in a panel on “Supporting Pregnant and Postpartum People with Integrated and Trauma Informed Care.” Access recordings to all presentations [here](#).



Camille Cioffi, Ph.D. (Center on Parenting and Opioids)

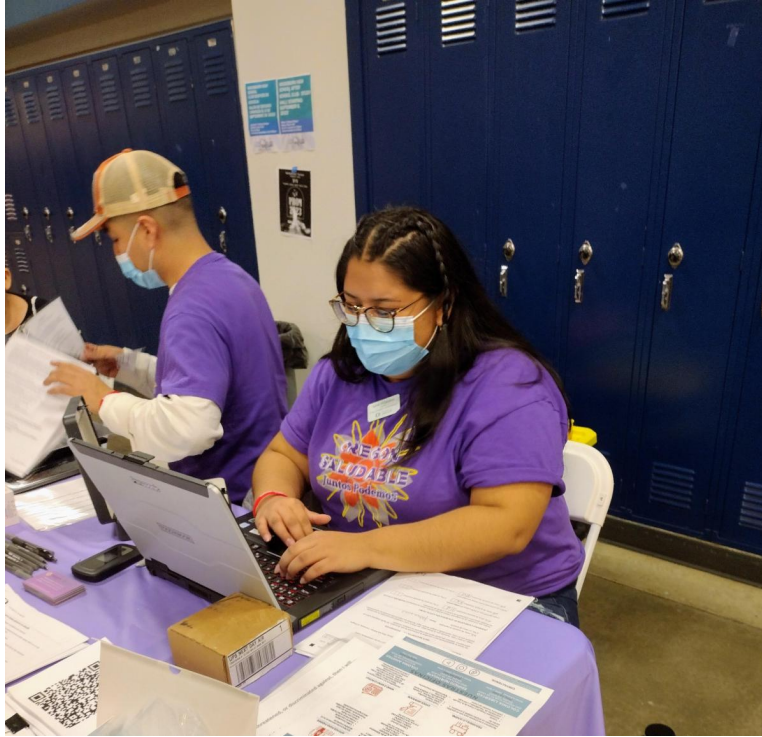


The Center on Parenting and Opioids team also attended the Recovery Community Summit led by [Oregon Recovers](#). Research assistants Gabriel Bedorsian-Tinelle and Ellie Brigotti shared resources and research provided by the CPO.

## Commitment To Diversity

Oregon Saludable: Juntos Podemos





(David Lopez-Aparicio and Sarai Villalabos)

The Oregon Saludable: Juntos Podemos COVID-19 testing program is a set of supplemental grants to the CPO. CPO's David DeGarmo, Ph.D., has recently been awarded a new project from NIMHD to support Phase III of this work. This new study builds on Phase I and Phase II partnerships with Latinx-serving community-based organizations to employ a data-informed approach for implementing preventative interventions.

The intervention, named *Promotores de Salud*, is based on identify-stress and stereotype threat models for racial and ethnic minorities. The intervention will evaluate brief behavioral self-affirming implementation intention (SAIL), which is an evidence-based approach for increasing acceptance of health messaging and health promotion behaviors and decreasing psychological distress. Along with the SAIL intervention, field teams will distribute SARS-CoV-2 rapid tests.

Project Information

## CPO in the News

### Early Growth and Development Study

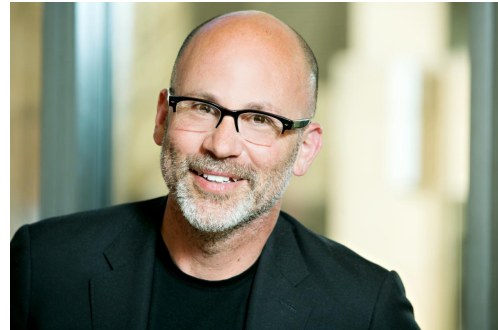
Leslie Leve, Ph.D. is the CPO principal investigator, director of the Center's Administrative Core, and Lorry Lokey professor in Education in the College of Education. Around the O, a University of Oregon publication, recently highlighted Leslie's research on the longitudinal Early Growth and Development Study.

This research will help improve policies and interventions by promoting children's positive social development and mental health.



## Findings

In an issue of the Early Learning Nation, Stanford University professor and CPO principal investigator Philip Fisher, Ph.D., was interviewed to showcase survey results from the *Rapid Assessment of Pandemic Impact on Development (RAPID)* initiative.



This initiative prioritizes data on child, parent, and caregiver well-being, as well as health care and childcare.

## Initiative Info

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