

The Center on Parenting and Opioids

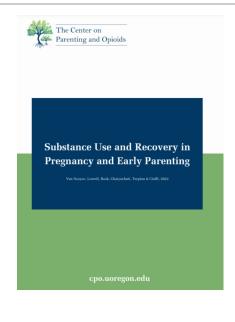
CPO Newsletter Summer 2022

The Center on Parenting and Opioids (CPO) is building personalized programs for families affected by opioids to help parents feel more successful and confident as parents.

Visit our Website

Research Highlights

NEW TOOL TO SUPPORT PARENTS! Substance Use and Recovery in Pregnancy and Parenting



In our **NEW** guide, *Substance Use and Recovery in Pregnancy and Early Parenting*, find
information on:

- Resources during pregnancy
- Navigating health and child welfare systems
- Substance use treatment options
- Harm reduction and parenting

Click Here to Access

Editorial: Parenting in the Context of Opioid

Use: Mechanisms, Prevention Solutions, and Policy Implications

(Leve, Conradt, & Tanner-Smith, 2022)

This editorial examines the historic opioid epidemic throughout the United States, and how parenting may be impacted. Findings indicate substance use during pregnancy is perceived as a choice, and women are often blamed for not having self-control to stop substance abuse.

Access the full article here.





Announcements



Congratulations to CPO Pilot Study Investigator, Yoel Everett

Yoel Everett, a PhD student in Clinical Psychology at UO, was recently awarded a year-long predoctoral fellowship through The Behavioral Sciences Training in Drug Abuse program through NYU (National Institute of Drug Abuse (NIDA) T32). This will support his time and training related to his dissertation, Examining the Integration of DBT Skills and Parent Training Among Parent-Child Dyads. His work is also supported through pilot funding from the CPO.

Community Professional Advisory Board

The CPO is currently accepting applications to join the Community Professional Advisory Board. The Advisory Board will include community professionals who support pregnant and parenting people with substance use disorders to help the CPO develop future research priorities and ideas for community dissemination of research findings.



Apply Today

Community Outreach

Conferences

The CPO was excited to share about our parenting resources at the Opioids, Other Drugs, Pain, and Addiction Treatment (OPAT) conference, hosted by Lines for Life and Oregon Health Authority, and the Recovery Community Summit which focused on restoring hope in recovery.



Commitment to Diversity

Oregon Saludable: Juntos Podemos



Community Health Workers Improve the Uptake of SARS-CoV-2 Testing among Latinx Communities

The Oregon Saludable: Juntos Podemos program, a supplemental grant to the CPO, tested the effectiveness of a promotores-delivered outreach intervention among Latinx communities in Oregon for improving SARS-CoV-2 testing utilization. Using a cluster randomized trial, the study found that there was a 3-fold increase in the number of Latinx individuals tested at sites that received the promotores outreach intervention. Access the full article here.

CPO in the News

Vaccine Hesitancy or Lack of Access for People who Inject Drugs?

Courthouse News Services reports on CPO coinvestigator Camille Cioffi's findings that 42% of syringe exchange clients desired to be vaccinated for COVID-19 but were unable to access vaccinations during vaccine rollout. Funding from the NIH RADx-UP program, in partnership with HIV Alliance, has made vaccines



more accessible for people who inject drugs at syringe exchange sites. Learn more about HIV Alliance services here.

Increase the Minimum Wage to Improve Infant Health and Family Well-Being

In an interview with the <u>Salt Lake Tribune</u>, CPO Knowledge Dissemination committee member Katie Wyant-Stein discusses the impacts of poverty on child development during pregnancy as a call to raise the minimum wage in the state of Utah.



Early Career Investigator Spotlight

Parenting Under Pressure: Associations of Chronic Pain and Substance Use on Parenting Qualities for Emotionally Dysregulated Mothers of Young Children

About the project: Simone Mendes' study, "Parenting Under Pressure: Associations of Chronic Pain and Substance Use on Parenting Qualities for Emotionally Dysregulated Mothers of Young Children" uses data from a CPO-funded pilot (PI Zalewski). The goal of the study was to examine how cumulative stressors including mental health, physical health, and substance use may predict parenting behaviors. Mendes found that alcohol use and emotional dysregulation each were associated with problematic parenting behaviors, whereas cannabis use was, unexpectedly, associated with lower parenting stress.



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