



The Center on Parenting and Opioids

CPO Newsletter

The Center on Parenting and Opioids (CPO) is building personalized programs for families affected by opioids to help parents feel more successful and confident as parents.

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Research Highlights

New Publication



A recently published study by CPO researchers Kate Hails, Anna Cecilia McWhirter, Audrey Sileci, and Beth Stormshak explored the connection between cannabis use and parenting skills in parents of young

children. A total of 356 parents participated in a randomized controlled trial of the Family Check-Up Online. Parents who began using cannabis in adolescence had higher anxiety and depression symptoms as adults but had similar parenting skills to those who had not previously used cannabis as adolescents. However, these parents experienced a greater reduction in anxiety symptoms after participating in the Family Check-Up Online, highlighting its potential to address mental health challenges in parents who have a history of adolescent cannabis use.

Announcements

New Funding

In July 2024, CPO researchers Camille Cioffi, Leslie Leve, and David DeGarmo were awarded an R24 grant from the National Institute on Drug Abuse to continue collaborative efforts with the CPO Lived Experience Community Board. This work will inform substance use disorder (SUD) treatment services



research to better support parents with SUD by building the infrastructure established by the CPO Administrative Core.

Data Collective



The CPO works to connect researchers and participants to improve the overall wellbeing of families affected by SUD through the Data Collective participant registry. The Data Collective started in 2022 and has enrolled 492 people with pregnancy and parenting experiences to date. Our new R24 grant will increase our sample to 1,150 participants and extend the timeline through 2027. Through this initiative, the CPO provides recruitment support to current and future projects focused on parents with SUD.

Please contact Kasie Josi at kjosi@uoregon.edu if you are interested in collaboration as the Data Collective works on expanding recruitment to a national model, or if you would like to inquire about utilizing the Data Collective as a recruitment resource.

Webinars Available

All previous CPO webinars are available on our recently updated website. Past webinars include content on research best practices and research findings.

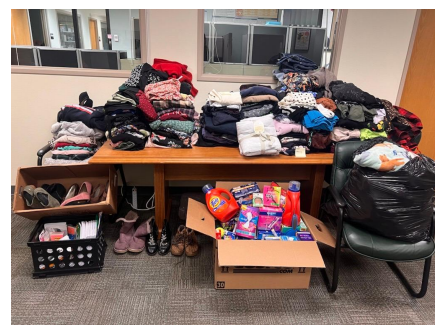
CPO Webinars

CPO Outreach

Clothing and Menstrual Hygiene Drive

In partnership with The Alliance for Community Wellness (HIV Alliance), the CPO conducted our second annual menstrual hygiene and clothing drive for people experiencing homelessness in Lane County Oregon.

A CPO study in partnership with HIV Alliance found that menstruation products are hard to access and greatly needed. Limited access to menstrual products increases health risks for vaginal and urinary tract infections, severe reproductive health conditions, and toxic shock syndrome.



Additionally, the University of Oregon partners with HIV Alliance to offer a supported employment program called the Breaking Barriers Program. The program had a need for interview attire for their clients and our drive helped provide professional clothing to fill this need.

Youth & Young Adult Substance Use Prevention



This fall, on October 28th, the Center on Parenting and Opioids will be co-sponsoring the Youth & Young Adult Substance Use Prevention and Recovery Symposium, hosted by the Oregon Health Authority.

This event aims to unite individuals with lived experiences, service providers, and funders to discuss key priorities in SUD treatment for young people. We will post a link to the some of the presentations in our next newsletter.

Commitment To Diversity

Community Partner Perceptions of Equitable Implementation Practices for a Promotores de Salud Intervention: A Qualitative Assessment

CPO researchers collaborated with community partners to evaluate the use of equitable implementation practices of a promotores de salud intervention. Through the promotores de salud intervention, community health workers shared culturally tailored health education throughout Oregon with the goal of reducing COVID-19 related health disparities in the Latinx community.

The research team conducted focus groups with staff from five community-based organizations. Participants emphasized practices that fostered equity, such as trust-building communication and a shared mission, while also identifying challenges, including misalignment between the intervention and community needs and research-driven decision-making. These insights highlight key considerations for equitable implementation in current and future public health efforts.

Another recent CPO study described the community-engaged approach we used to implement this large-scale research study during the COVID-19 pandemic.



Community Partner Spotlight

Live. Grow. Share.

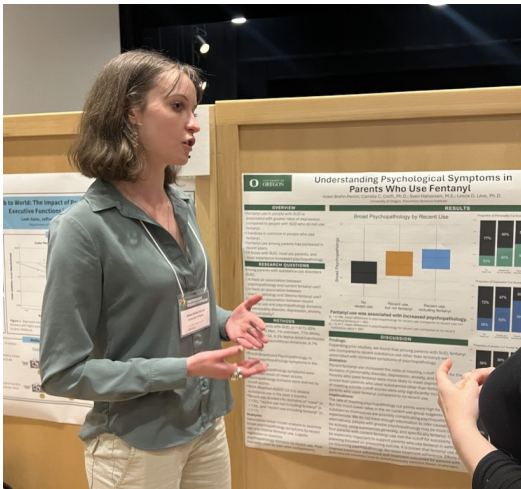


The Data Collective partners with a local organization, Live. Grow. Share. to enroll participants and increase research engagement among parents with substance use disorders.

Live. Grow. Share. is a peer-run behavioral health organization serving people in the Eugene, OR community. Their work centers trauma informed care, harm reduction practices, and evidence-based care while honoring clients as the experts in their own lives.

Early Career Researcher Spotlight

Data Collective Findings: Understanding Psychological Symptoms in Parents Who Use Fentanyl



Aiden Brahn-Perrot presented a poster using data from the CPO Data Collective on the psychological symptoms of parents who use fentanyl at the 2024 Undergraduate Research Symposium and the 2024 Psychology Department honors research symposium at the University of Oregon. She found that fentanyl use among parents with SUD was associated with increased symptoms of psychopathology, including increased odds of meeting the cutoff scores for personality disorders,

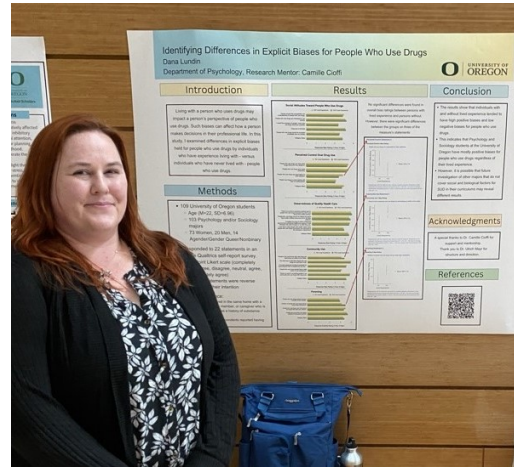
depression, anxiety, and suicidality.

Aiden started working with the CPO as a student intern with the Data Collective in October 2022, and now works with the team as an Intern Training Specialist. She graduated summa cum laude with a BS in psychology in May 2024 and, in addition to her current work with the CPO, she now works as a mental health associate with Live. Grow. Share.

Poster

Understanding Stigma Toward People with SUD Among Undergraduates

Dana Lundin presented a poster using data she collected on stigma toward people with SUD among undergraduate students in training to be mental health professionals. Her poster was also presented at the 2024 Psychology Department honors research symposium at the University of Oregon. Her study found that people *with* family lived experience (vs. without lived experience) were more likely to believe that people who use drugs are responsible for their SUD. In contrast, people *without* family lived experience were more likely to believe that people who use drugs make the community less safe and that children of people who use drugs go on to use drugs themselves.



Dana started working with the CPO as a student intern with the Data Collective in June 2022. She graduated magna cum laude with Psychology Department honors in Spring 2024, earning a double major in psychology and sociology.

Poster

New CPO Early Career Steering Committee Member: Avery Turner



Avery is a doctoral candidate in Prevention Science at the University of Oregon. Her research primarily focuses on substance misuse prevention among young adults. After earning her bachelor's degree in psychology and political science at UO, Avery moved to New Hampshire to work on a clinical trial aimed at preventing the progression from risky opioid use to opioid use disorder among primary care patients. In the fall of 2022, Avery returned to UO to pursue her PhD in Prevention Science

under the supervision of Dr. Leslie Leve.

Since beginning her doctoral program, Avery has conducted research identifying risk and protective factors for substance misuse during young adulthood, with a focus on how important people in a young adult's life can influence their substance use. Her research is currently funded by a training grant from the National Institute on Drug Abuse, which provides mentorship to doctoral students studying substance misuse. As the early career member of the CPO Steering Committee, Avery is gaining insights into how research

centers operate and set priorities, while offering her expertise to consult on ongoing projects at the CPO.

Supporting Young Women Following Child Welfare and Juvenile Justice Experiences

Daschel Franz's recent [publication](#) examined associations between adolescent child custody loss, substance use treatment, and substance use patterns from adolescence through young adulthood among young women following their involvement with the child welfare and juvenile justice systems. Losing custody of a child during adolescence was associated with a trajectory of high and stable substance use from adolescence through young adulthood.



Dash is a doctoral candidate in the Counseling Psychology program at UO.

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